



## **Invocation**

OH GREAT SPIRIT, Saints and Sages of all religions, all places and all times.  
And to my own precious, Ishta Devata, I bow to you all.

Sweep clear the obstacles on our path and lead us to the other shore of  
that Ocean of Awareness.

O ye Powers that Be. Help us to awaken in all aspiring souls your eternal  
wisdom and unselfish love.

Om Shanti Shanti Shanti

## **Kriya Invocation of Refuge**

I give refuge to enlightenment:  
The great pathway.

I give refuge to the dharma of truth:  
The great teacher.

I give refuge to Guru:  
Internal. Eternal.  
Great friend and great companion.

I give refuge to stillness:  
The great revelation.