



*This is the “go to” prayer Goswami Kriyananda taught. I highly recommend memorizing it so you can use it, or share it, at a moments notice.*

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## The Best Prayer Ever!

Oh, Infinite Lord of Life.

You know far better than I, that which my beloved, Name , needs.

It is for this, and this alone, that I meditate.

It is for this, and this alone, that I pray.

I ask that you bring it to him/her,

Quickly. Surely. And most, most harmoniously.