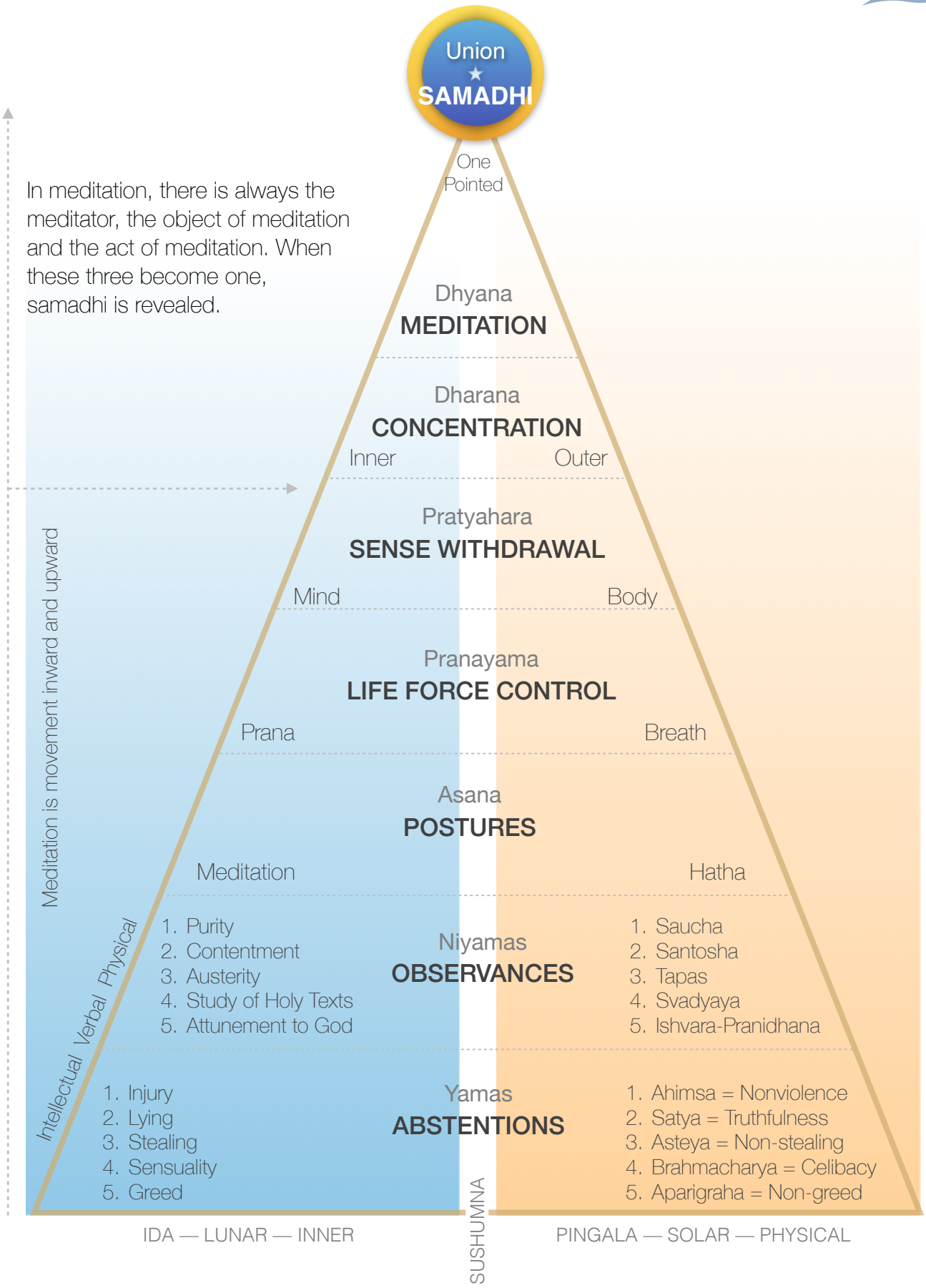
EIGHT LIMBS OF YOGA

Hamsa Meditation Center